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CONSTRUCTION BLOG

Get the Right Fit: Why PPE Fit Matters in Construction

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Why is fit a big deal?



Improperly fitting PPE can be dangerous.



Examples of risks: oversized gloves, loose clothing, tight gear.



Uncomfortable gear leads to non-compliance.



What's changing?

- **New OSHA rules require PPE to fit every worker properly.**
- **Applies to all PPE: hard hats, gloves, safety glasses, fall protection gear.**
- **Employers must ensure proper fit, even for employee-provided gear.**



How do you get it right?



- **Check fit regularly.**
- **Work with trusted suppliers.**
- **Listen to your crew.**
- **Train your team on proper fit.**

