Remote Employee
Well-Being

AssuredPartners

Employees who were satisfied with their control over how, when and where they worked were more likely to report that their overall mental health level was good or excellent **(79%)** compared with those who reported being unsatisfied with their level of control **(44%).**

92% of workers said it is very or somewhat important to them that their organization values their emotional and psychological well-being.

46% of employees have considered leaving their job because of loneliness.

23% of remote workers struggle with loneliness.

Employee well-being efforts can help an organization's bottom-line, and organizations can take the following **STEPS TO SUPPORT** their remote workforce:

ENGAGE remote employees with video calls and virtual events

SUPPORT employee caregiving needs

EQUIP managers to communicate effectively

OFFER mental health resources

PRIORITIZE workstation ergonomics

PROMOTE excersise